

CanDoMaths Daily Workout



Dear Parent/Carer

Welcome to the CanDoMaths Daily Workout resource pack.

All the resources have been designed to help your child practise the maths topics they have learnt this year and make sure their maths skills stay healthy and strong. Each pack focuses on practising previously learned skills.

Colin (the CanDo Caribou) and Coco (the CanDo Cockatoo) both know that deliberate practice is really important. Coco likes to say 'Practice makes permanent'; Colin prefers 'Practice keeps me skilled'.

There are three types of Workouts for your child to practise:

- 1) 'Do It' questions (Workouts A, B and C)
Find the answer to show they can still 'Do' the skill.
- 2) Problems to solve (Workouts D, E, F and G)
Word problems, empty box problems and puzzles with lots of possibilities to show they can apply the skill.
- 3) Exploring facts for the week (Workout H)
Choose the number of the date for Workouts 1 – 3, use the digits in the date for Workouts 4 – 6.

The idea is that you pick one or two Workouts for your child to complete each day – for example one 'Do It' and one 'Problem' Workout or just one 'Problem'. The CanDoMaths Gang (Liz and Steve) provide some short videos with guidance and hints on our [YouTube Channel](#). Answers will also be shared via Twitter [@MathsCanDo](#) starting with the first activity on [Monday 23rd March](#). The weekly plan followed will be:

Monday: Workouts A and D
Tuesday: Workout E
Wednesday: Workouts B and F
Thursday: Workouts C and G
Friday: Workout H

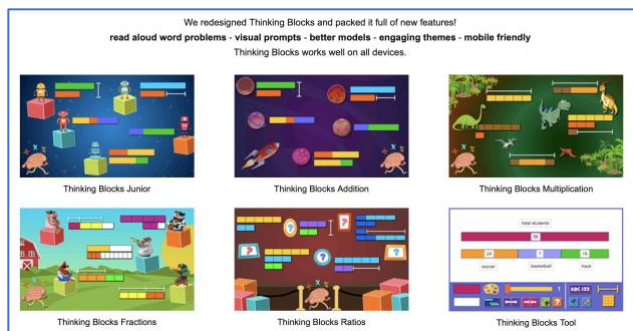


You could also play games again from previous Workouts (Workout D) If you wish to do more practice, here is a list of some of Colin and Coco's favourite maths games and websites

Hit the Button www.topmarks.co.uk/maths-games/hit-the-button



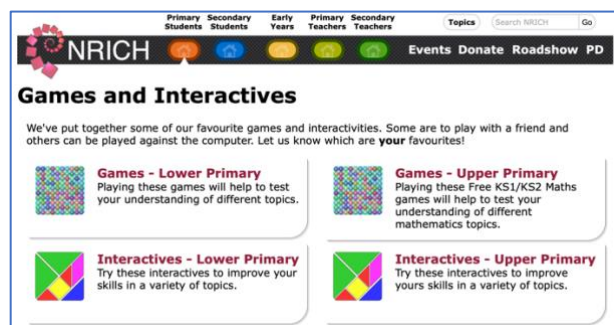
Practise solve word problems using the Bar Model:
www.mathplayground.com/thinkingblocks.html



Maths Games



www.mathplayground.com/index_addition_subtraction.html
www.mathplayground.com/index_multiplication_division.html
www.mathplayground.com/index_fractions.html



NRich Games for Lower Primary rich.maths.org/9412
 NRich Interactives Lower Primary rich.maths.org/9414
 NRich Games for Upper Primary rich.maths.org/9413
 NRich Interactives Upper Primary rich.maths.org/9415